The Ladders.

YOUR CAREER IS OUR JOB®

"How do you manage it all?" Being a mom with a career means hearing that question constantly. In honor of Mother's Day, TheLadders conducted a survey to find out how working moms feel about their work-life balance.

WHAT IT'S LIKE TO BE A WORKING MOM

What is most important about your **work situation** as a working mother?

44% choose "**flexible** working hours"

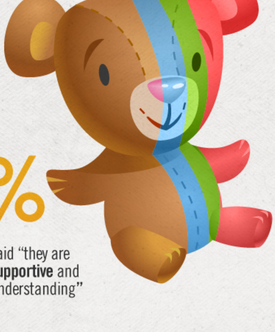
29% choose "ability to work **from home**"

20% choose "**convenient** working hours"

5% choose "**generous** maternity leave"

2% choose "**on-site** day care"

How does having a child impact the way you feel **regarded by your coworkers?**



42% said "they are **supportive** and understanding"

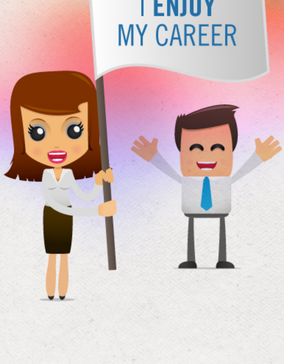
24% said "they are supportive, but **don't understand** my situation"

18% said "they behave **the same**"

16% said "They are **resentful** of my competing priorities or schedule"

#1 reason respondents returned to work:

#2 reason respondents returned to work:



Do you struggle to **balance** your career and family?

55% said "Yes, and the struggle to excel at both is **overwhelming**"

16% said "I always put **family first** and my career has suffered for it"

13% said "I did at first, but now it's **under control**"

13% said "No, **I successfully manage** both aspects"

3% said "I always put my **career first** and my family has suffered for it"

This data is from a recent survey conducted by TheLadders. Respondents included professionals from the following industries: construction, education, engineering, finance, human resources, law, marketing, medical/science, operations, real estate, sales and technology.

©2012 TheLadders.com